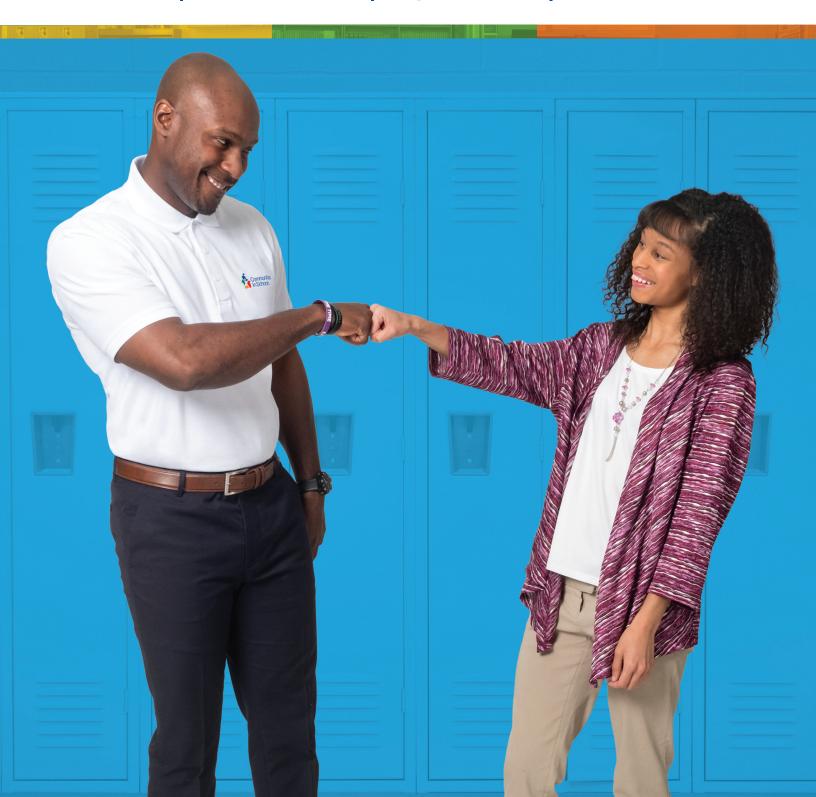


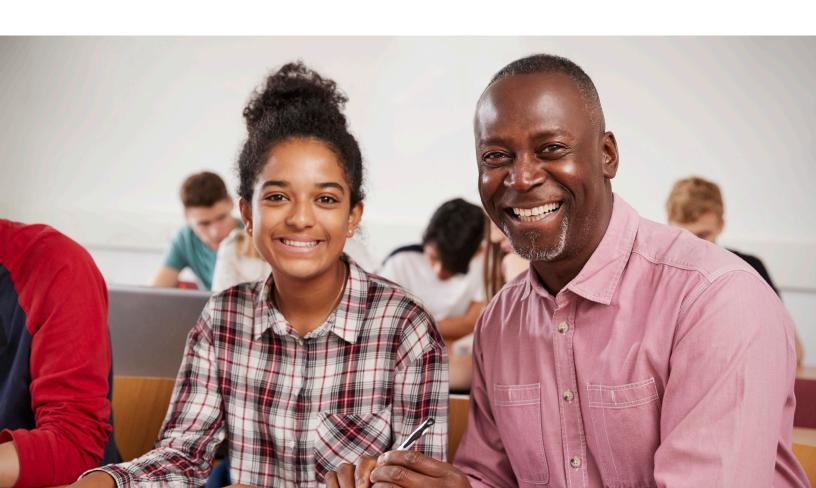
# Summer Resource Guide

Detroit | Dearborn | Ypsilanti | Oakland Co.



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## Detroit Summer Activities

### Flag Football League

Season Dates: May 26th - June 30th Game Location - Tindal Activity Center detroitrecreation@detroitmi.gov 313-224-1100

https://detroitmi.gov/departments/parks-recreation Detroit Parks & Recreation

DPRD Flag Football League and Pee Wee Football are an opportunity for our youth to learn how to play the great sport of football as well as the following:

- Build Character
- Positive Physical and Mental Health
- · Get Fitness and Exercise
- Enjoy the outdoors
- · Learn Teamwork
- Have Fun

Flag Football is brought to you by the Athletics team of Detroit Parks and Recreation and is offered to youth ages 4-12. Games will be played on Thursday evenings (Schedule release after registration closes).

### Outdoor Summer Camp: \$350

 $https://register.capturepoint.com/reg/cat\_program\_list\_detail.cfm?season\_id=17646\&program\_id=1705593\\ Butzel\ Family\ Center$ 

Lauren Wright: lauren.wright@detroitmi.gov

Join us at Butzel Family Center for our 2022 Outdoor Summer Camps! We will have camp from 8:00 am to 5:00 pm every Monday to Friday from July 11th to August 26th. Your campers will go on field trips, have swim lessons, learn to play hockey with the Detroit R4ed Wings and so much more! All breakfast, lunch, and snacks are included with your \$350 fee. Please email lauren.wright@detroitmi.gov for any questions on camp, payment plans, or for registration assistance.

### **Outdoor Summer Camp: Ages 5-12**

https://register.capturepoint.com/reg/cat\_program\_list\_detail.cfm?season\_id=17646&program\_id=1706833 Farwell Recreation Center

### Kemeny Recreation Center Outdoor Summer Camp: Ages 5-12

https://register.capturepoint.com/reg/cat\_program\_list\_detail.cfm?season\_id=17646&program\_id=1706821

### T-Ball League - \$40, includes uniform

https://clubs.bluesombrero.com/Default.aspx?tabid=508601&mid=561108&newskeyid=HN1&newsid=419223&ctl=newsdetail Detroit Parks & Recreation Season Dates: Wednesday evenings from July 20 - August 24th.

DPRDathletics@detroitmi.gov

313-224-0006

DPRD Athletics is excited to bring back our T-Ball and Coach Pitch League this summer! Playing locations this summer will be at Jayne Field and Tindal Activity Center. Practices will be held at least once per week.

Ages 4-6 will play T-Ball Ages 7-9 will play Coach Pitch

## Detroit Summer Activities

### Soccer In the D

https://clubs.bluesombrero.com/Default.aspx?tabid=508601&mid=561108&newskeyid=HN1&newsid=403422&ctl=newsdetail Detroit Parks & Recreation

To register a full team, email DPRDAthletics@detroitmi.gov

Interested in being a coach? Call, email or sign-up on the website.

Our youth soccer program gives youth the opportunity to learn the game of soccer, develop basics soccer skills, learn teamwork, meet new friends, enjoy the beautiful parks of Detroit and have fun! This season we will be playing at 3 new locations across the city; spots will fill up fast, so make sure you get registered to reserve your spot to play SOCCER IN THE D!!

### Age Divisions

- Pee Wee Kickers (Ages 3-4) Skills & Drills
- 6U Non-competitive league
- 8U Competitive League
- 11U Competitive League
- 14U Competitive League

Practices are in the evenings during the week. Games are played on Saturdays with make up days played on Sundays. Registration for the fall will open this summer.

Game Locations for fall 2022:

- · O'Hair Park
- · Rouge Park
- · Lasky Park

### YMCA Day Camp At Y Summer Day Camp

https://ymcadetroit.org/daycamp@ymcadetroit.org

Kids make new friends, accomplish goals and learn new skills, and experience belonging in a way that only the Y can provide. Every new experience comes with a chance to learn and grow. At the Y, we strive to give every child and teen opportunities to test their own limits and explore their potential. Financial assistance may be provided to eligible families, based upon need and available donor support.

### Idea Camp for Middle School Girls

https://femalestrong.org/ sarah@femalestrong.org

### Detroit Food Access

### **Brigthmoor Connection Food Pantry**

https://brightmoorconnection.org/ Reverend Roslyn Bouier: (313) 740-7688

Brightmoor Connection Food Pantry is a nonprofit organization focused on helping make the world around us a better, happier place. With the help of our tireless staff, we organize fundraisers, community-building events, and in-depth training sessions for our volunteers.

### W.I.T.S. Community Service Food Pantry

Hours: The 3rd, 4th and 5th Saturday of the month: 10:00am to 1:00pm. Sunday - (For emergencies) After service For more information, please call: (313) 371-3930

### Twelfth Street MB Church Pantry

Food Pantry: Hours of Distribution:1st distribution 10:00am - noon (max. 2 bags/ pickup). 2nd distribution 1:00pm - 3:00pm (no distribution limit) (313) 868-2659

### For Help Must:

- Be age 18 or over
- Bring your picture ID
- · Register (you must register in person) Registration is every other Friday starting September 12th
- Hours for registration and service are:1st distribution 10:00am 12:00pm

### **Trinity Food Pantry**

Hours: The 4th Tuesday of the month9:30am to 12:30pm For more information, please call (313) 342-2288

### St. Anne De Detroit Food Pantry

Open from 1:00 to 3:00 PM on Wednesday. (313) 496-1701

Wednesday from 1:00 p.m. to 3:00 p.m. in Ste. Anne's lower hall, our conference helps "feed the hungry and clothe the naked." Our volunteers minister individually to each client by asking about family members, food preferences, clothing sizes, etc.

Eligibility: To be eligible to receive food at the Ste. Anne Food Pantry one needs to be in the 48216 zip code (valid picture ID required), or a member of Ste. Anne de Detroit Parish (parish envelope number needed).

### St. Paul UM Church Food Pantry

Hours: Tuesday 11:00 am to 1:30 pm

For more information, please call: (313) 342-4656

### St. Patrick Food Pantry

Hours: Monday through Saturday 11:00am to 1:00pm For more information, please call: (313) 833-7080

### **Detroit Food Pantries**

https://www.foodpantries.org/ci/mi-detroit - Full List of Detroit Food Pantries

### Communities In Schools of Michigan Family Market

cismichigan.org

rachel@cismichigan.org

Health information, fresh produce, food at Legacy Charter Academy June 1st @ 2pm

## Dearborn Summer Activities

### **Dearborn Public Schools Summer Camp**

https://dearbornschools.ce.elevo.com/child-care/1/summer-adventure-club

Our Summer Adventure Club/Camp program has been filling the summers of local youth for over 30 years! We have exciting weekly activities that include science, team building, cooking, life skills, music and movement, arts and crafts, weekly field trips, daily swimming and more. Children grow socially and emotionally while making new friends, and meeting up with friends from last summer. We also provide time to keep up with academic skills through summer reading and math games.

Our program only requires 12 days of attendance over our 8 week program but we can't imagine even one day this whole summer without you! Come join the fun this summer at Summer Adventure. Our program is open to children who are 3 years of age and completely toilet learned up to their 13th birthday. Choose the classroom for the grade your child will enter NEXT school year. If your child will be a Young Five and you feel more comfortable with him or her being with the Four year olds class go ahead and leave him or her in that classroom.

### The Henry Ford Summer Camp

 $https://inhub.thehenryford.org/summer-camps?gclid=CjoKCQjw4PKTBhD8ARIsAHChzRJiyO4DMgPN64pIzKbhaZHn7vS2nro9604LmnUluC1gh4FQP5lohU8aAlnuEALw\_wcB$ 

The Henry Ford's Summer Camps are back with re-imagined project-based activities and lessons which focus on The Henry Ford's own Model i Innovation Learning Framework, where students will learn about and develop skills based on the habits of an innovator: Stay Curious, Be Empathetic, Collaborate, Challenge the Rules, Take Risks, and Learn from Failure.

### Dearborn Heights Parks & Rec - Summer Day Camp

313-277-7080

Ages 6-12 summer camp. Games, trips, movies

### Dearborn Heights Parks & Rec - Karate Classes

313-277-7080

Self defense and Karate Classes

https://files 4.revize.com/dearbornheights/Karate% 20 Flyer.jpg

### Dearborn Heights Parks & Rec - Tennis Lessons

https://issuu.com/recreation1801/docs/spring\_summer\_brochure\_2022

### Dearborn Heights Parks & Rec - Summer Youth Programming

313-277-7080

Swimming, bowling, kids club, etc

### Dearborn Food Access

### **Mobile Food Pantry**

Salina School 2623 Salina Dearborn, MI

Mobile Food pantry: 6/15, 7/13, 8/10 @ 11 am

### **Mobile Food Pantry**

Edsel Ford High School Dearborn

Food Pantry: 6/22, 7/20, 8/17 @ 11am

### **Helping Hand Food Pantry**

https://cherryhillchurch.org/our-ministries/helping-hands (313) 563 - 4800 Cherry Hill Presbyterian 24110 Cherry Hill Road Dearborn, Michigan 48124

The Helping Hand Food Pantry is open on the first and third Wednesdays from 9:30 a.m. to 12:30 p.m.\* If it is your first time, please come before 12:00 noon. To qualify to receive food from the pantry, a picture I.D. is required. Only one person per household (per address) is eligible to apply for assistance for the family. Eligible participants can receive food from the pantry once every other month\*\*.

\*may be closed due to bad weather, or a church event; it's best to call ahead \*\*subject to change depending on food supply

### Food & Clothina

https://helpsontheway.org/ 313-908-7104 5358 South Beech Daly Street, Dearborn Heights, Michigan 48125

FOOD AND CLOTHING ONLY, OPEN ON THURSDAY FROM 6-7:30 PM. NO APPOINTMENT

### Fistworks Free Store Food pantry

https://www.foodpantries.org/ci/mi-dearborn\_heights (734) 506-0626 Fistworks Free Store 5650 South Telegraph Rd, Dearborn Heights, MI - 48124

Friday12:00pm to 3:00pmFor more information, please call.

## Ypsilanti Summer Activities

### **Professional Youth Theater of Michigan Summer Camp**

June 13-17

https://www.pytmi.com/summer-camps

We will spend the week learning everything that goes into musical theatre and prepare a show. Actors will hone their acting, singing, and choreography skills! Actors will be able to explore their musical and theatrical interests. The camp will conclude with a performance of the musical on Friday evening at 6pm for friends and family to enjoy!

### Ann Arbor YMCA Summer Camp

https://www.annarborymca.org/ypsilanti-programs/camp-programs/ypsilanti-day-camps-2-2/

Registration opens Sunday, February 13th at 11 a.m. for members, returning campers and their siblings.

Registration for non-members (that are not returners or the siblings of returners) will open Wednesday, February 16th at 7 a.m.

Throughout the week campers will have the opportunity to participate in theme-related activities as well as main activity areas including: sports, arts and crafts, science experiments, team-building, silent reading time, nutrition lessons, enrichment activities, and more!

### **Ypsilanti Community Schools Learning Camp**

https://www.ycschools.us/academics/grizzly-learning-camp/

Announcing Our Grizzly Learning Camp. Have you thought about signing your student up for some real face-to-face summer fun? Grizzly Learning Camp (Summer School), for students at every grade level, is a great way to have your child continue their learning over the summer. Ypsilanti Community Schools (YCS) is offering a one-of-a-kind summer school experience.

WCC/Parkridge Community Center Summer Learning Experience https://www.ycschools.us/downloads/academic\_images/parkridgesummer.jpg

Mon-Thurs Friday Trips

### U of M Math Enrichment

 $https://www.ycschools.us/downloads/parents/mc\_um\_summer\_2021.pdf$ 

What: Ypsilanti Math Corps at University of Michigan Website Link

When: July 12 - August 13 (Mondays - Thursdays)

Where: Virtually (via zoom)

### Washtenaw County Summer Camp

www.summerworks.info.

This year students will have the ability to attend virtual professional development sessions and connect with local mentors to explore the various career paths. If you know of a student interested in this opportunity, they may the above link.

## Ypsilanti Food Access

### **Food Pantry**

https://soscs.org/ 734-484-9945 114 N. River St. Ypsilanti, MI 48198

Pantry Hours Tues. 1 pm - 6:30 pm Wed. 9 am - 1 pm

### **Food Pantry**

(734) 483-3360

St. John Convent 411 Florence Street Ypsilanti, MI - 48197

Thursday - 6:30pm to 7:30pm

Requirements: An agency referral letter and a photo ID. Must call for an appointment.

### **Food Pantry**

https://thehopeclinic.org/ (734) 484-2989 Hope Clinic Food Programs 518 Harriet St. Ypsilanti, MI - 48197

A hot meal is served from 4:00 to 5:00 PM on Saturday and Sunday. Does not require ID or any proof of income, but visitors do have to sign in to participate. Emergency Food Hours Wednesday, 1:00pm to 4:00pmFriday 9:00am until 12:00pmSaturday10:00am until 12:00pm . An appointment is required: call on Monday morning to visit on Wednesday, on Wednesday morning to visit on Friday and on Thursday morning to visit on Saturday. Photo ID is required to pick up food.

### **Food Pantry**

(734) 482-4640

Greater Shiloh 1076 Bishop Floyd Walls Blvd. Ypsilanti, MI - 48197

### Family Inc.

(734) 480-4470

983 E. Michigan Ave., Ypsilanti, MI - 48198

### **Food Pantry**

https://www.emmanuelypsi.org/

(734) 482-7121 "Emmanuel Lutheran Church 201 N. River St., Ypsilanti, MI - 48198

Emmanuel Lutheran Church is a member of the Ypsilanti Hunger Coalition. The meals feed between 60 to 80 or more people on a weekly basis.

Pantry Hours: Monday, Wednesday, and Thursday from 3:00pm to 3:45pm A family or household is eligible one every three months. Referrals are not required.

### **Food Pantry**

https://cornerhealth.org/ (734) 484-3600 Corner Health 47 N. Huron St., Ypsilanti, MI - 48197

For more information, please call. Every time you go to a doctors appointment you can visit the food pantry. You get to fill up one bag of food. No proof of income. Just ask front desk about it.

## Oakland County Food Access

### **Food Pantry**

believerscoc.org 248-705-1658 156 University Drive, Pontiac, MI 48342

2nd and 4th Saturdays 10:00am-1:00pm

### **Food Pantry**

https://pantrynet.org/ (248) 858-7800 35 W Huron St., Pontiac, MI 48342

FRI: 2:00 pm - 3:00 pm. Appointment required

### **Food Pantry**

(248)318-0586 526 1/2 North Perry, Pontiac, MI 48342

THU: 4:00pm - 5:00pm

### **Food Pantry**

(248) 338-4250, ext. 3700 76 Williams St., Pontiac, MI 48341

WED: 10:00am - 2:00pm

### Matchan Nutrition Center Soup Kitchen/Food Pantry

(248)496-4292 46408 Woodward Ave., Pontiac, MI 48342

TUE: 11:30am - 1:00pm THU: 11:30am - 1:00pm

### **Lighthouse Pontiac Food Pantry**

www.lighthousemi.org (248)920-6100 46156 Woodward Ave., Pontiac, MI 48343

MON: 9:30am - 3:00pm WED: 9:30am - 3:00pm FRI: 9:30am - 3:00pm

### Eastside Church of Christ Food Pantry

(248) 701-3848 149 Martin Luther King Jr. Blvd., Pontiac, MI 48341

SAT: 3rd Saturdays 9:00am - 12:00pm

### St. Stephens Baptist Church Food Pantry

(248)335-5873 69 S. Astor St., Pontiac, MI 48342

1st and 3rd Wednesdays 9:00am - 5:00pm

### Five Points Community Church House of Jacob Food Pantry

(248)909-9051

3411 E. Walton, Auburn Hills, MI 48326

1st and 3rd Saturdays 9:00am - 10:30am

### Summer Festivals

### 2022 Movement Electronic Music Festival

6/28-6/30

https://www.movementfestival.com/

Hart Plaza Detroit

### **Great Lakes Boating Festival**

5/14-5/15

https://www.greatlakesboatingfestival.com/

**Gross Point** 

### Clarkston Food Truck Rall

5/20

https://www.facebook.com/events/470224731340532

Clarkston

### St Stephens Spring Polish Festival

5/20-5/21

https://ststephennewboston.org/

New Boston

### **Detroit Hoodoo Festival**

5/21-5/22

https://www.facebook.com/events/4462376443876734/

Southfield

### **Assumption Greek Fest**

5/27/5/29

https://www.assumptionfestival.com/

St. Claire Shores

### Bark on Biddle

6/3-6/5

Wyandotte

### Center Line Independence Festival

6/3-6/5

Center Line

### Islandfest

6/3-6/5

Grosse Ile

### Ferndale Pride Festival

6/4

Ferndale

### Nucleate Beer Festival

6/4

Ann Arbor

### **Peacefest Art and Music Festival**

6/4-6/5

Waterford

### The Vintage Market: Under the Big Top

6/5

Ann Arbor

### Taste of Ann Arbor

6/5

Ann Arbor

### **VegFest**

6/5

Detroit

### Swiggin' Pig

6/9-6/12

Wyandotte

### **Motor City Irish Fest**

6/10-6/12

Livonia

### St. Frances Cabrini Parish Festival

6/10-6/12

Allen Park

### Ya'ssoo Greek Festival

6/10-6/12

Ann Arbor

### **Motor City Pride**

6/11-6/12

Detroit

### **Liberty Fest**

6/16-6/18

Canton

### Rock 'n' Rides

6/16-6/19

Royal Oak

### Art in the Sun (Arts and Acts)

6/17-6/19

Northville

### **Juneteenth Celebration Madison Heights**

6/18

Madison Heights

### Juneteenth Family Reunion

6/18

Southfield

### **Summer Festivals**

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https://www.movementfestival.com/

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Clarkston

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https://ststephennewboston.org/

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Southfield

### Summer Recipes

### **Lemon Berry Pops**

https://www.canr.msu.edu/recipes/lemon-berry-pops

Prep Time: 10 Minutes Cook Time: 480 Minutes Numer of Servings: 8 pops

### Ingredients

- 1/3 cup frozen lemonade concentrate
- 6 cups water
- 1 cup blackberries
- 1 cup strawberries
- 8 paper cups
- 8 sticks

### Instructions

- Wash your hands for 30 seconds with hot water and soap.
- Sanitize all food prep surfaces and cooking utensils.
- Rinse and scrub all produce.
- Cut up strawberries and blackberries.
- Mix lemonade concentrate with water.
- Put the fruit evenly throughout the 8 paper cups.
- Evenly pour the water/concentrate mixture into the paper cups.
- Put pops in freezer for 45 minutes.
- · Take out of freezer and put one stick in each paper cup.
- Let freeze in freezer overnight.
- · Take out of freezer when ready to eat and enjoy!

### Easy Pizza

https://www.canr.msu.edu/recipes/easy-pizza

Prep Time: 5 Minutes Cook Time: 1 Minutes

### Ingredients

- 1 toasted 100% whole-wheat English muffins (or a slice of bread)
- 2 tablespoons of pizza sauce
- Sprinkle of cheese
- Some of your favorite toppings

### Instructions

- Wash your hands for 30 seconds with hot water and soap.
- · Sanitize all food prep surfaces and cooking utensils.
- Rinse and scrub all produce.
- Put pizza sauce on both halves of the English muffin.
- Sprinkle cheese and your toppings on top of the pizza sauce.
- Microwave for 45 seconds or until cheese is melted.
- Let the food rest for 3 minutes to allow the food to fully cook.

### Summer Recipes

### **Cucumber Salad**

https://www.canr.msu.edu/recipes/cucumber-salad Numer of Servings: 2 servings - 1 cup per serving Calories per Serving: 88

### Ingredients

- 2 cucumbers
- 1 red onion
- 3 Tablespoons vinegar
- 1 Tablespoon sugar
- 1/4 teaspoon salt
- 1/4 teaspoon pepper

### Instructions

- Wash your hands for 30 seconds with hot water and soap.
- Sanitize all food prep surfaces and cooking utensils.
- · Rinse and scrub all produce.
- · Slice cucumbers and onion.
- · Combine vinegar, sugar, salt, and pepper into a mixing bowl and stir together until sugar is dissolved.
- Add vegetables to bowl and mix together.

### **Berry Infused Water**

https://www.canr.msu.edu/recipes/berry-infused-water Prep Time: 5 Minutes

### Ingredients

- 1/2 cup sliced lemon
- 2 cups berries
- 1/2 gallon of water

### Instructions

- Wash your hands for 30 seconds with hot water and soap.
- Sanitize all food prep surfaces and cooking utensils.
- · Rinse and scrub all produce.
- Cut produce.
- Add lemon and berries to 1/2 gallon of water.
- Stir and lightly press on fruit to release the juices.
- Refrigerate for 1 hour.
- Enjoy!

### Summer Recipes

### Black Bean Quesidilla

https://www.canr.msu.edu/recipes/black-bean-and-vegetable-quesadillas Number of Servings: 6 servings - 1 folded quesadilla per serving Calories per Serving: 250

### Ingredients

- · 15 ounce can of black beans no salt added
- 2 zucchini
- 2 cups fresh spinach
- ½ cup cilantro
- 1 cup canned corn no salt added
- 4 ounces cheddar cheese
- 1 Tablespoon canola oil
- Pinch of cayenne pepper
- ½ teaspoon Black pepper
- 6 (8 inch) whole wheat flour tortillas

### Instructions

- Wash your hands for 30 seconds with hot water and soap.
- Sanitize all food prep surfaces and cooking utensils.
- · Rinse and scrub all produce.
- Rinse lid of can, then drain and rinse black beans in strainer.
- Grate or cut zucchini into slices.
- Remove spinach stems. Cut leaves into small ribbons by rolling leaves together and making small slices.
- Repeat process with cilantro.
- If using canned corn, rinse lid of can, then drain and rinse corn in strainer.
- Shred cheese.
- Pour canola oil into skillet and heat on medium high heat.
- Add zucchini and a dash of cayenne pepper to skillet. Mix together, cover, and cook until zucchini is semi-soft, about 5
  minutes.
- Add corn and spinach to skillet. Mix together, cover, and cook for another 5 minutes. Stir occasionally. Remove skillet from heat.
- Add black beans to skillet. Mash the beans, adding 1 to 2 teaspoons of water to create a thicker texture.
- Add black pepper and cilantro. Mix together.
- Pour contents of skillet into a large bowl. Set skillet aside for later use, wiping down first if you like.
- Lay down tortilla. Scoop mixture onto one half of the tortilla. Sprinkle cheese over vegetable mix. Fold in half, pressing down gently to hold everything together. Repeat with other tortillas.
- Warm small amount of oil in skillet. Lay quesadilla in skillet, with rounded edge lining up with rounded edge of pan, leaving some space between. Warm until bottom half of quesadilla is golden brown. Flip starting from open side of quesadilla so that contents don't spill out. Repeat with other quesadillas.
- · Cut in half and serve.

# In schools to help kids stay in school.

